

Basic Disaster Supply Kit

- A copy of your Family Emergency Plan
- Water: One gallon of water per person per day for at least three days for drinking and sanitation
- Food: Minimum three-day supply of non-perishable food
- Tools: Wrench, pliers, shovel, knife, multi tool set
- Radio: Battery-powered or hand-cranked; NOAA weather radio with tone alert + extra batteries
- First aid kit
- Flashlight + extra batteries
- Whistle to signal for help
- Dust mask
- Moist towelettes, garbage bags, plastic ties, hand sanitizers
- Manual can and bottle opener
- Local maps
- Cell phones with chargers and backup battery

Personal papers

- Social Security numbers
- A copy of Social Security Card(s)
- Important addresses, phone numbers, email addresses
- Birth certificates or adoption papers
- Marriage certificate
- Citizenship and naturalization papers, passports
- Drivers licenses and state IDs
- Vaccination records, medication lists, blood types
- Court orders relating to divorce, child support, custody, alimony, or property division
- A document with all necessary prescription medication prescribed for each family member
- Wills (Last Will and Testament or Living Wills)
- Powers of attorney documentation
- Insurance policies/policy numbers, coverage limits, insurance agent contact information
- Bank account numbers, bank contact information
- Credit card account numbers, card company contact information
- Real estate documents (leases, deeds, mortgages, promissory notes, closing papers)
- Vehicle titles
- Bonds, stock certificates, sales contracts, financial agreements

Your family Emergency Kit should meet the specific needs of your household such as:

- Prescription medications
- OTC medications: pain relievers, antacids, etc.
- Glasses, contact lenses, contact lens solution
- Baby formula, bottles, diapers, wipes, rash cream
- Pet food and water for your pet
- Cash or traveler's checks
- Sleeping bag or warm blanket for each person
- Complete change of clothing appropriate for your climate, sturdy shoes
- Household chlorine bleach and medicine dropper to disinfect water
- Fire extinguisher
- Matches in a waterproof container
- Feminine and personal hygiene items
- Mess kits, paper cups, plates, paper towels, plastic utensils
- Paper and pencil
- Books, games, puzzles for children

In addition to your Emergency Plan and Basic Disaster Supply Kit, you should identify items needed for those with disability.

For people with hearing disabilities

- Weather radio with text display and flashing alert
- Extra hearing aid batteries
- TTY device
- Pen and paper for written communication

For people who are blind or have low vision:

- Mark emergency supplies with Braille labels or large print. Keep a list of your emergency supplies on a portable flash drive, or make an audio file that is kept where you can access it.
- Braille or deaf-blind communications device

For people with speech disability:

- Laminated cards with phrases and/or pictograms if your communication equipment is not working

For Individuals who need behavioral support:

Plan positive distractions for children with disabilities or individuals with PTSD who may become distressed in chaotic situations.

- Handheld electronic devices with preloaded movies, music and games + extra batteries
- Sheets or small tents that can used to reduce visual stimulation and provide a safe and private space to decrease stress
- Noise-canceling headphones

For people with mobility disability

- If you use a power wheelchair, keep a lightweight manual chair as a backup
- Show others how to operate your wheelchair
- Extra battery for a power wheelchair and other battery-operated medical or assistive technology devices. Keep extra batteries on a trickle charger at all times. If you are unable to purchase an extra battery, research agencies, organizations or local charitable groups that can help you.
- Keep a patch kit or can of flat tire sealant and an extra inner tube if wheelchair or scooter tires are not puncture proof
- Backup mobility device such as a cane or walker
- If you use a seat cushion to protect your skin or maintain your balance and you must evacuate without your wheelchair, take your cushion with you

Additional tips for your kit:

- One-week supply of medication and dosage information
- Extra glasses or contact lenses
- List of needed specialized devices with serial numbers and operating instructions
- Copies of medical insurance and contact information of caregivers and doctors
- Pet food, extra collar with a tag, medical records and other information for service animals

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