HELP PREVENT THE SPREAD OF COVID-19 AT FITNESS ZONES

FACE COVERINGS REQUIRED

FACE COVERINGS ARE REQUIRED AT PARKS AND PARKING AREAS FOR ANYONE AGES 2 AND ABOVE.

PRACTICE SOCIAL DISTANCING

PROVIDE SPACE OF AT LEAST 6 FEET, OR ABOUT TWO ARMS' LENGTH, AT ALL TIMES.

NO FOOD OR DRINK

AVOIDING EATING OR DRINKING NEAR OR IN FITNESS ZONES.

WASH HANDS FREQUENTLY

WASH HANDS WITH SOAP AND WATER FOR AT LEAST 20-30 SECONDS. BRING HAND SANITIZER.

STAY HOME IF NOT FEELING WELL

AVOID COMING TO PARKS IF YOU ARE EXPERIENCING FLU-LIKE SYMPTOMS. ELDERLY AND THOSE WITH UNDERLYING CONDITIONS SHOULD AVOID FITNESS ZONES.

LIMIT VISITING TIMES

LIMIT TIME IN FITNESS ZONES TO 30 MINUTES.

USE AT YOUR OWN RISK

HELP KEEP OUR PARKS OPEN!

PARKS.LACOUNTY.GOV

FOR MORE INFORMATION, VISIT PUBLICHEALTH.LACOUNTY.GOV/MEDIA/CORONAVIRUS/ABOUT-COVID.HTM